

## Health Events Calendar 2014

The Health Information and Resources Library will be supporting the following campaigns:

|                  |   |   |
|------------------|---|---|
| 1 March          |    | Self Injury Awareness Day - <a href="http://www.lifesigns.org.uk">www.lifesigns.org.uk</a>  |
| 12 March         |   | No Smoking Day - <a href="http://www.nosmokingday.org.uk">www.nosmokingday.org.uk</a><br><a href="http://www.wequit.co.uk">www.wequit.co.uk</a><br>Manchester Stop Smoking - <a href="http://www.stopsmokingmanchester.co.uk">www.stopsmokingmanchester.co.uk</a> |
| 12 – 18 May      |  | Mental Health Awareness Week -<br><a href="http://www.mentalhealth.org.uk/ourwork/mentalhealthawareness/">www.mentalhealth.org.uk/ourwork/mentalhealthawareness/</a><br>Mental Health in Manchester - <a href="http://www.mhim.org.uk">www.mhim.org.uk</a>        |
| 19 – 25 May      |  | Dementia Awareness Week - <a href="http://www.alzheimers.org.uk">www.alzheimers.org.uk</a>  |
| May - August     |  | SunSmart Campaign - <a href="http://www.sunsmart.org.uk">www.sunsmart.org.uk</a>  |
| 01 - 31 October  |  | Breast Cancer Awareness Month - <a href="http://www.breastcancercare.org.uk">www.breastcancercare.org.uk</a>  |
| 10 October       |   | World Mental Health Day - <a href="http://www.wfmh.org">www.wfmh.org</a><br>Mental Health in Manchester - <a href="http://www.mhim.org.uk">www.mhim.org.uk</a>  |
| 01 – 30 November |  | Movember (Men's Health Awareness Month) - <a href="http://www.prostate-cancer.org.uk">www.prostate-cancer.org.uk</a>  |
| 01 December      |  | World AIDS Day - <a href="http://www.worldAIDSday.org">www.worldAIDSday.org</a>   |

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