

Useful websites with downloadable resources:

A-Z

Alcohol:

Face Facts: alcohol can affect your family life

www.faceuptodrink.co.uk

Down your Drink – free self-help online

<http://www.downyourdrink.org.uk/>

Manchester Community Alcohol Team

www.manchestercat.org

Friends of the Brian Hore Unit

<http://www.fbhu.org/>

Alcohol Learning Centre

<http://www.alcohollearningcentre.org.uk/index.cfm>

Change4Life – choose less booze

<http://www.nhs.uk/Change4Life/Pages/understanding-alcohol.aspx>

Drinkaware

<https://resources.drinkaware.co.uk/factsheets>

<https://resources.drinkaware.co.uk/workshops>

Alcohol Concern

<http://www.alcoholconcern.org.uk/publications>

Mental Health in Manchester

http://www.mhim.org.uk/resource_library.html

Think! Department of Transport

<http://think.direct.gov.uk/resource-centre/>

British Liver Trust

<http://www.britishlivertrust.org.uk/publications/download-publications/>

NSPCC

<http://www.nspcc.org.uk/>

Alzheimer's/ Dementia:

Alzheimer's Society*

<http://www.alzheimers.org.uk/site/scripts/documents.php?categoryID=200308>

Dementia Friends

<https://www.dementiafriends.org.uk/>

House of Memories (A Reminiscence therapy tool)

<http://www.liverpoolmuseums.org.uk/learning/projects/house-of-memories/about.aspx>

Asthma:

Asthma UK

<http://www.asthma.org.uk/knowledge-bank>

Cancer:

Cancer Research UK

<http://publications.cancerresearchuk.org/publicationformat>

Prostate Cancer UK

<http://prostatecanceruk.org/information/our-publications/publications>

Marie Curie Cancer Care

<http://www.mariecurie.org.uk/en-GB/patients-carers/publications-guides/>

Orchid Male Cancer

<http://www.orchid-cancer.org.uk/healthcare-professionals/>

SunSmart

<http://www.sunsmart.org.uk/sunsmart-resources/#SunSmart>

http://www.swpho.nhs.uk/skincancerhub/resource/view.aspx?QN=RESOURCE_DEFAULT

Breast Cancer Care*

<http://www2.breastcancercare.org.uk/publications>

Cancer Screening NHS*

<http://www.cancerscreening.nhs.uk/>

Child Health:

Manchester Healthy Schools

<http://www.manchesterhealthyschools.nhs.uk/Resources.aspx>

Change4Life School Zone

<https://campaignresources.phe.gov.uk/schools>

Unicef*

<http://www.unicef.org.uk/BabyFriendly/Resources/>

Choosewell Manchester

<http://www.choosewellmanchester.org.uk/self-care/self-care-information-about-children/>

Barnardo's

http://www.barnardos.org.uk/get_involved/fundraise/youth_zone_fundraising/teaching_resources.htm

Change4Life

<http://www.nhs.uk/Change4Life/Pages/change-for-life.aspx>

Start4Life

<http://www.nhs.uk/start4life/pages/healthcare-professionals.aspx>

Healthy Start*

<http://www.healthystart.nhs.uk/for-health-professionals/healthy-start-resources/>

Children's Food Trust

<http://www.childrensfoodtrust.org.uk/>

Family Planning Association

<http://www.fpa.org.uk/resources/downloads>

Think! Department of Transport

<http://think.direct.gov.uk/resource-centre/>

Be Share Aware (NSPCC Online Safety Campaign)

<http://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/share-aware/>

ThinkUKnow (Online Safety)

<https://www.thinkuknow.co.uk/>

Diabetes:

Diabetes UK

<http://www.diabetes.org.uk/Professionals/Resources/>

Drugs:

Mental Health in Manchester

http://www.mhim.org.uk/resource_library.html

Think! Department of Transport

<http://think.direct.gov.uk/resource-centre/>

Lifeline

<http://www.lifeline.org.uk/>

Frank

<http://www.talktofrank.com/>

DrugWatch

<http://www.thedrugswheel.com/?page=resources>

'Easy Read' Accessible Information:

Easy Health

<http://www.easyhealth.org.uk/categories/health-leaflets>

A Picture of Health

<http://www.apictureofhealth.southwest.nhs.uk/>

Eating Disorders:

Beat

<http://www.b-eat.co.uk/for-professionals>

Epilepsy:

Epilepsy Action

<https://www.epilepsy.org.uk/professionals>

EFO- Children with Epilepsy

<http://kids.epilepsy.org.uk/>

You got nerves – young people with epilepsy

<http://youngpeople.epilepsy.org.uk/>

General Health:

Department of Health

https://www.orderline.dh.gov.uk/ecom_dh/public/home.jsf

British Heart Foundation

<https://www.bhf.org.uk/healthcare-professionals>

Choosewell Manchester

<http://www.choosewellmanchester.org.uk/>

LGBT Foundation

<http://www.lgf.org.uk/get-support/downloads?page=2>

Hand Hygiene:

E-bug

<http://www.e-bug.eu/>

Health at work:

British Heart Foundation

<http://www.bhf.org.uk/healthcare-professionals/healthcare-professionals/for-community-practitioners.aspx>

Change4Life

<http://www.nhs.uk/change4life/pages/business-employers-supporters.aspx?filter=BusinessEmployers>

Think! Department of Transport

<http://shop.dft.gov.uk/THINKShop/browse.aspx?CID=d84cd529-6302-4cb1-80e6-4d45591c566b>

National Aids Trust (NAT)

<http://www.nat.org.uk/publications.aspx>

HIV/AIDS:

National Aids Trust (NAT)

<http://www.nat.org.uk/publications.aspx>

LGBT:

LGBT Foundation

<http://lgbt.foundation/downloads>

<http://nationallgbtpartnership.org/publications/>

Liver:

British Liver Trust

<http://www.britishlivertrust.org.uk/publications/download-publications/>

Medicines/ Medication:

Choosewell Manchester

<http://www.choosewellmanchester.org.uk/self-care/what-everyone-should-have-in-their-medicine-cabinet/>

British Heart Foundation

<http://www.bhf.org.uk/healthcare-professionals/healthcare-professionals/for-gps.aspx>

Rethink Mental Illness.

<http://www.rethink.org/resources/a>

Meningitis:

Meningitis Now

<http://www.meningitisnow.org/how-we-help/resources/>

Mental Health and Wellbeing:

Mental Health in Manchester

http://www.mhim.org.uk/resource_library.html

YoungMinds

<http://www.youngminds.org.uk/>

LGBT Foundation

<http://www.lgf.org.uk/get-support/downloads?page=2>

Manchester Mind

<http://www.manchestermind.org/index.php>

Time to Change

<http://www.time-to-change.org.uk/resources>

Rethink Mental Illness.

<http://www.rethink.org/resources/a>

Start2

<http://www.start2.co.uk/>

Mental Health Foundation

<http://www.mentalhealth.org.uk/publications/>

Nutrition and Exercise:

Department of Health

https://www.orderline.dh.gov.uk/ecom_dh/public/home.jsf

British Heart Foundation

<https://www.bhf.org.uk/healthcare-professionals>

Change4life

<http://www.nhs.uk/change4life/pages/resource-casestudy.aspx>

<http://www.nhs.uk/Change4Life/Pages/healthy-eating.aspx>

<http://www.nhs.uk/Change4Life/Pages/be-more-active.aspx>

<http://www.nhs.uk/Change4Life/Pages/couch-to-5k.aspx>

Manchester's Green Corridor

<http://www.getwalking.org/walking-routes/manchester-green-corridor/>

PARS (Physical Activity Referral Service)

<http://www.mhsc.nhs.uk/services/wellbeing-services/physical-activity-referral-scheme.aspx>

National Osteoporosis Society

<http://www.nos.org.uk/page.aspx?pid=1024>

Walking for Health

www.walkingforhealth.org.uk

Oral Health:

Public Health England

<https://www.gov.uk/government/publications/delivering-better-oral-health-an-evidence-based-toolkit-for-prevention>

Osteoporosis:

National Osteoporosis Society

<http://www.nos.org.uk/>

Self Care:

Self Care Forum

<http://www.selfcareforum.org/fact-sheets/>

ChooseWell Manchester

<http://www.choosewellmanchester.org.uk/>

Self Injury:

Life Signs

<http://www.lifesigns.org.uk/publications/>

Sexual Health/ Relationships:

Family Planning Association

<http://www.fpa.org.uk/resources/downloads>

<http://www.fpa.org.uk/resources/factsheets>

Greater Manchester against Domestic Abuse

<http://www.endthefear.co.uk/practitioners/publicity-material/>

Manchester Centre for Sexual Health

<http://www.manchestersexualhealth.org/>

Brook Manchester (under 19s)

<http://www.brook.org.uk/shop/category/resources>

LGBT Foundation

<http://www.lgf.org.uk/get-support/downloads?page=2>

The Miscarriage Association

<http://www.miscarriageassociation.org.uk/for-health-professionals/useful-publications/>

Education for Choice

<http://www.efc.org.uk/professionals/resources.html>

Smoking:

Department of Health

https://www.orderline.dh.gov.uk/ecom_dh/public/home.jsf

No Smoking Day- British Heart Foundation

<https://nosmokingday.org.uk/im-supporting-people-quitting/resources/>

ash. Action on Smoking and Health

<http://www.ash.org.uk/information>

*Material available in other languages

Other useful websites:

Knowledge Service

<http://www.manchesterpublichealthresources.nhs.uk/>
<http://www.mhsc.nhs.uk/services/library-services>

NHS Choices

<http://www.nhs.uk/Pages/HomePage.aspx>

Public Health England Campaign Resource Centre

<https://campaignresources.phe.gov.uk/resources>

GOV UK

<https://www.gov.uk/government/publications>

Think! Department of Transport

<http://think.direct.gov.uk/>

Greater Manchester Fire and Rescue Service

http://www.manchesterfire.gov.uk/fire_safety_advice.aspx

NHS Events Calendar

<http://learning.wm.hee.nhs.uk/events>

Anatomy Stuff UK (A-Z downloadable posters)

<http://www.anatomystuff.co.uk/sitecontent/free-health-posters.aspx>

NHS Acronym Buster

<http://www.nhsconfed.org/acronym-buster?l=G>

NHS Choices Health Apps Library

<http://apps.nhs.uk/>

*Material available in other languages

Last updated 12/11/15

Please note that the library service is not responsible for updating the above third party websites.

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