

# Sexual Health Resources

All resources produced by the Sexual Health Team are available free to services based within Manchester. There may be a charge for services based in Greater Manchester and elsewhere. All resources can be ordered and collected through our Health Information and Resources Library. Contact Katie Nicholas on 0161 248 1753 or fax this form over to 0161 248 1751. *See reverse for order form.*

**A-Z of Sexual Health & Harm Reduction** This A5 directory is specifically designed to support primary care teams and health promoters in Manchester. It will enhance service provision and improve referral pathways for sexual health, drugs and alcohol.

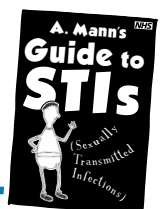
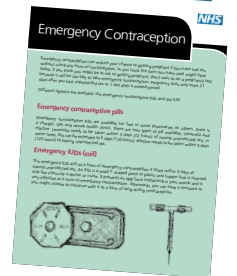
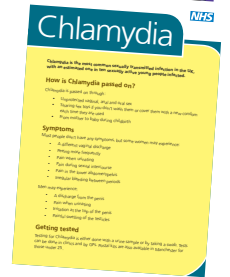
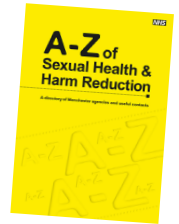
**The Over 50s- Relationships & Sexual Health (2nd edition)** This 48page guide is a sexual health promotion resource targeting anyone over 50. It aims to improve and promote good sexual health amongst the Over 50s, and to enable them to make informed choices about their sexual health and relationships. It also aims to increase people's knowledge of sex and relationships and to reduce the incidences of sexually transmitted infections and HIV infection amongst the Over 50s.

**STI factsheets** A range of six A5 leaflets which include; Chlamydia, Syphilis, Genital Warts, Genital Herpes, Gonorrhoea and HIV. These leaflets offer concise information about sexually transmitted infections and where to get tested in Manchester.

**Contraception factsheets** A full range of A5 factsheets about the different forms of contraceptive choices available and where to go for advice in Manchester. Factsheets include; Contraceptive injection, IUD, IUS, Diaphragm/Cap, Implant, Female condom, Male condom, Combined pill, Progestogen only pill, Natural family planning, Vaginal ring, Contraceptive patch, Sterilisation and Emergency contraception.

**Worried about your sexual health?** Get tested cards. Credit card sized information about where to get tested for STIs in Manchester.

**Andy Mann's guide to STIs** This illustrated resource was primarily developed for male prisoners in HMP Manchester. It is a pocket sized guide with sexually explicit illustrations and language that tells a story through the character of Andy Mann in relation to sexually transmitted infections.



## Order form

Your name: \_\_\_\_\_

Job title: \_\_\_\_\_

Organisation: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Date resources are required for: \_\_\_\_\_

Resources	Quantity
<b>A-Z of Sexual Health &amp; Harm Reduction</b>	
<b>The Over 50s- Relationships &amp; Sexual Health (2<sup>nd</sup> edition)</b>	
<b>Worried about your sexual health? Get tested cards.</b>	
<b>Andy Mann's guide to STIs</b>	
<b>STI factsheets</b>	
Chlamydia	
Syphilis	
Gonorrhoea	
HIV	
Genital herpes	
Genital warts	
<b>Contraception factsheets</b>	
Contraceptive injection	
IUD	
IUS	
Diaphragm/cap	
Implant	
Female condom	
Male condom	
Combined pill	
Progestogen only pill	
Vaginal ring	
Contraceptive patch	
Natural family planning	
Sterilisation	
Emergency contraception	



**Health Information and Resources Library**

Health & Wellbeing Service

1st Floor, Fallowfield Library, Platt Lane, M14 7FB.

Tel: 0161 248 1769

Fax: 0161 248 1751

Email: [Library.services@mhsc.nhs.uk](mailto:Library.services@mhsc.nhs.uk)